Buddhist Church of San Francisco

San Francisco's Jodo Shinshu Center
1881 Pine Street, San Francisco, CA 94109
415-776-3158 email address bcsf**2**@att.net
Website http://www.bcsfweb.org/

REGISTRATION FORM

☐ Naikan: Cultivating Self-examination and Gratitude
Workshop conducted by Gregg Krech
Saturday, September 27, 2008
8 a.m. to 3 p.m.
Pre-Register Fee by 08/30/08: $25 includes lunch ($35 at the door) Students (18 and under) $15

☐ Essentials of Buddhism
Four-week Workshop for beginners or people who want to return to basics.
Wednesdays, beginning September 3
7 p.m. to 9 p.m.
Registration fee: $25, no charge for temple members

☐ Ohigan Service – Film presentation THE CATS OF MIRIKITANI
Eighty-year-old Jimmy Mirikitani survived the trauma of WWII internment camps, Hiroshima, and homelessness by creating art. But when 9/11 threatens his life on the New York City streets and a local filmmaker brings him to her home, the two embark on a journey to confront Jimmy's painful past.
Sunday, September 21, Service at 9:30, Film at 11:30 a.m. – Free

☐ Cooking with Mindfulness – a cooking workshop to learn techniques to healthy eating for the body and the mind.
Saturday, October 4
1 p.m. to 4 p.m.
Registration fee: $20, no charge for temple members

☐ Caligraphy – an ancient art to express the Nembutsu
Three-week Workshop to learn the strokes and the meditative path in writing the Nembutsu
Friday, October 10, 17, and 24
7 p.m. to 9 p.m.
Registration fee: $25 includes material, no charge for temple members

Payment: Cash _____ Check _____

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NAME NUMBER OF REGISTRANTS

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